

Lauf des Monats Februar 2011

Cross im Böhmischem Prater 4800 Meter

06.02.2011 (Mittelwert aus Nettozeit + Age-Grade 5K)

Frauen:

| | | | | | | | |
|---|-----------------------|----|----------|----------|-------|-------|--------------|
| 1 | Gasser Monika | 49 | 00:20:39 | 00:18:12 | 100,0 | 100,0 | 100,0 |
| 2 | Ladenstein Anna | 23 | 00:23:50 | 00:23:50 | 86,6 | 76,4 | 81,5 |
| 3 | Dornstauder Charlotte | 43 | 00:27:58 | 00:25:59 | 73,8 | 70,0 | 71,9 |
| 4 | Nowosadko Manuela | 37 | 00:28:20 | 00:27:39 | 72,9 | 65,8 | 69,4 |

Männer:

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|----|-------------------|----|----------|----------|-------|-------|-------------|
| 1 | Frühwirt Harald | 26 | 00:17:15 | 00:17:15 | 100,0 | 98,1 | 99,0 |
| 2 | Mühlberger Harald | 53 | 00:19:25 | 00:16:55 | 88,8 | 100,0 | 94,4 |
| 3 | Schram Christian | 44 | 00:19:10 | 00:17:55 | 90,0 | 94,4 | 92,2 |
| 4 | Fürnkranz Werner | 41 | 00:19:20 | 00:18:28 | 89,2 | 91,6 | 90,4 |
| 5 | Adrigan Florian | 29 | 00:19:31 | 00:19:31 | 88,4 | 86,7 | 87,5 |
| 6 | Baurek Erhard | 72 | 00:23:48 | 00:17:05 | 72,5 | 99,0 | 85,8 |
| 7 | Leimberger Rudolf | 53 | 00:22:05 | 00:19:15 | 78,1 | 87,9 | 83,0 |
| 8 | Datler Wolfgang | 45 | 00:22:19 | 00:20:43 | 77,3 | 81,7 | 79,5 |
| 9 | Marold Robert | 42 | 00:22:30 | 00:21:21 | 76,7 | 79,2 | 78,0 |
| 10 | Wimmer Alexander | 21 | 00:24:16 | 00:24:16 | 71,1 | 69,7 | 70,4 |

Liebe Grüße Zeki :-)